

Radical Minimum Standard

May 11 | Group Guide

Opening questions (15 minutes)

- Most of us can go into our phones and find a “screen time” report showing us how we spend our time on our devices and which apps we use most. If we could generate a similar report for our minds, what would we see? What kinds of thoughts take up the most space in your “brain time”?
- This Sunday’s sermon focused on the role that our mindset plays in our discipleship. What did the Holy Spirit highlight for you as you listened to this week’s sermon?
- Dan quoted Ronald Rolheiser, who said, “We are distracting ourselves into spiritual oblivion. It’s not that we have anything against God, depth, and spirit – we would like these – it’s just that we are habitually too preoccupied to have any of these show up on our radar screens.” Choose a number between 1-10 to rank your “distractedness” level (1 = not distracted at all; 10 = totally distracted). (Invite each person in the group to answer. Ask for a few people to explain the number they chose.)

Read Scripture and discuss (25 minutes).

Consider breaking into smaller groups for this time of discussion.

Read Romans 12:1-3.

- Dan explained that the word “conformed” used here is the same one used for minting a coin – stamped into a certain shape by outside forces. What outside forces are working to “conform” you and your family to the world’s pattern?
- What does verse 3 tell us is the result when we are transformed by the renewing of our minds?
- Think about a recent decision you made. Was your choice based on thinking that conformed to the pattern of this world? Or was it in line with God’s “good, pleasing, and perfect will”? Share your decision-making process with the group.

Read Romans 8:5-6 and 2 Corinthians 10:5.

- What are some thoughts you need to “take captive”?

Read Colossians 3:2 and Philippians 4:8-9.

- What invitation or challenge do you hear for yourself in these verses?
- What is one strategy Dan mentioned in his sermon for rewiring your brain to a discipleship mindset that you want to practice this week?

Weekly reflection discussion (10 minutes)

Throughout our Radical Minimum Standard series, we are providing a weekly reflection in which you are invited to take a close look at how Jesus interacted with His disciples. This week's reflection passage is Luke 9:1-62.

If people in your group engaged with the Week 3 Reflection, you are encouraged to listen to each other's noticings by asking the following questions:

- What did you notice in the text?
- What tension or contrast did you experience between the picture of discipleship in this passage and your own life?
- Was there an invitation to implement in your life?

Finish with prayer requests and pray for one another (10 minutes).

Share prayer requests and pray for each other but also spend time praying for ways in which you can each be transformed by the renewing of your minds.