

# Peace that Surpasses All Understanding

## Part 2

May 3, 2020



### Reading/Group Discussion

#### Begin with prayer (5 minutes)

As you begin your virtual gathering, have someone open your time together by praying that the Holy Spirit would lead and guide your time together.

#### Checking the pulse (10 minutes)

Use a few minutes catching up on how everyone has been. Make sure that everyone has time and space to share what is happening in their lives.

#### Read this overview

Jesus told us that this world would be full of trouble and hardship. But he also told us that all those who build their lives on him will be able to withstand any storm.

This past weekend we looked at one part of the peace that surpasses all understanding.

#### Read Philippians 4:7-9.

As followers of Jesus, we can have confidence in his promises and take heart, because Jesus has overcome the world.

#### Talk through this past weekend's sermon & encourage one another (20-30 minutes)

Here are a few questions to guide this time:

- How did this weekend's sermon deepen your faith? How did it challenge you? Explain.
- What was one thing from this message that really caught your attention and made you go "Hmm...?"
- How do you think the mind plays a key role in directing our spiritual lives?

- How have you seen wrong thinking in someone's life lead to bad consequences? How have you seen right thinking lead to good consequences in someone's life? What would your answers be to these two questions if applied to you personally?
- If Christians are to think on what is true, noble, right, pure, lovely, admirable, and praiseworthy, what are things you find yourself thinking about that are false, ignoble, impure, ugly, and not worthy of praise? Explain.
- What specific thing that Paul tells us to think on do you feel like God is inviting you to spend time with? Why do you feel like that one is standing out to you in this moment?
- Describe a time when supplanting harsh, wrong, or critical thinking with the kind of thinking that Paul describes in this list has led to good spiritual, relational, and mental benefits for you.
- How does this sermon or the daily work challenge you to live differently?

As a church, we affirm that God is always working. He is always directing, leading, and guiding us. Spend some time discussing what God is inviting you into right now.

- What do you sense God doing **in** you that you need to respond to?
- What do you sense God doing **around** you that you think he is inviting you into?
- What do you sense God doing **through** you that you need courage for?

### **Spend time thinking through how your group can be #FORTHE317 (5 minutes)**

Try asking the following:

- How can we serve one another?
- How can you best serve your family in this time?
- What is a way that we can best serve our neighbors in this time?

### **Finish with prayer (5-10 minutes)**

You might designate someone in your group to write down everyone's prayer requests and then send them to the whole group for everyone to be praying about through the week.

- What is on your heart that you need prayer for?
- Who in your life needs prayer?

Have someone close your time together by interceding for the requests that were shared.